

# BUMBLE BEE

## Southwest Style Tuna Rice Bowl

# Nutrition Facts

1 servings per container

**Serving size** 1 Bowl (170g)

**Amount Per Serving**

**Calories** **250**

**% Daily Value\***

**Total Fat** 4g **5%**

Saturated Fat 0.5g **3%**

*Trans* Fat 0g

**Cholesterol** 10mg **3%**

**Sodium** 550mg **24%**

**Total Carbohydrate** 39g **14%**

Dietary Fiber 5g **18%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

**Protein** 15g **27%**

Vitamin D 0mcg **0%**

Calcium 30mg **2%**

Iron 1.6mg **8%**

Potassium 460mg **10%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.